



Dr Vivianna Rodriguez Carreon

PhD, MSW, BA Comm Sci

Meet Dr. Vivianna Rodriguez Carreon, a distinguished interdisciplinary scholar, facilitator, and consultant with a global perspective on human development, capabilities, and consciousness. In her leadership and team coaching work, Vivianna delves into the inner and outer dimensions of human experience, fostering agency in both individuals and systems. Her unique ability to seamlessly apply multiple approaches is a product of her keen interest in navigating the intricate balance between internal and external self in both theory and practice. Building on a decade of research focused on agency in the face of adversity, Vivianna honed her expertise during a visiting fellowship at the International Development Department of the University of Oxford in 2011.

Currently, Vivianna serves as the curriculum designer and lecturer for "Peace of Mind: The Psychology of Peace" at the University of Sydney since 2019, showcasing her commitment to advancing knowledge and understanding in her field. As a contemplative practitioner and scholar, she also contributed as a research fellow for the Mind and Life Summer Research Institute in 2016 and 2020.

Vivianna's academic journey includes earning a PhD in peace and conflict studies from The University of Sydney, where she was an Australia Postgraduate Awardee APA. Remarkably, she completed this challenging program while raising a newborn and toddler. She has also received the National Council for Scientific and Technological Development CNPq award in Brazil for her postgraduate *stricto sensu* degree. Her educational background includes a Master's in Social Work with a specialization in Social Policy from the Pontificia Universidade Catholica de São Paulo and a BA in Science Communications from La Universidad de Lima in her home country, Peru.

Dedicated to continuous learning, Vivianna has participated in various workshops and certifications with renowned leaders and organizations. Notable examples include workshops on trauma treatment with Bessel Van Der Kolk, collective trauma healing with Thomas Hübl, and immunity to change with Robert Keagan. She has also pursued certification in longer programs such as Awareness-based Systems Change with the U-School for Transformation, Timeless Wisdom Training with the Academy of Inner Science, Trauma-Informed Leadership I

and II with the Pocket Project, and Design Thinking with IDEO.

Vivianna's commitment extends beyond academia, as she actively engages with private, government, and academic sectors. She has served as a core co-host and co-facilitator of Theory U for LATAM with the Presencing Institute and contributed to the research network. Her involvement also includes serving on the academic advisory board of the Inner Development Goals (IDG), where she leads the IDG Higher Education circle. Discover more about Vivianna's impactful work across various sectors and explore her [academic contributions here](#) and her [LinkedIn page here](#).

